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## BREAKFAST

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| MIXED TOAST.....2.95<br>with Carved Angel jam or marmalade                   | BANANA & PEANUT BUTTER ON TOAST.....4.95<br>with toasted pecans  |
| WHEAT FREE GRANOLA.....4.95<br>with greek yoghurt, blueberries & pomegranate | BREAKFAST BAGEL.....6.95<br>chorizo, avocado & tomato chutney  |
| TOASTED AVOCADO BREAD.....4.95<br>with greek yoghurt & blueberries           | MIXED BERRIES.....6.95<br>with greek yoghurt, honey and mint   |
| TOASTED BANANA BREAD.....4.50<br>with Italian butter                         | THE GROCER ENGLISH<br>Fried eggs & crispy chorizo on granary.....7.95<br>Fried eggs & avocado with za'atar on granary.....7.95<br>Fried eggs & smoked salmon on granary.....9.95 |
| MUSHROOMS ON TOAST.....5.95  |  |

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## LUNCH

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| A SELECTION OF SALADS.....9.95<br>choose up to 6 salads                       | SALAD PLATES  |
| A SELECTION OF SALADS WITH CHICKEN.....12.95<br>choose up to 6 salads         | BUFFALO MOZZARELLA.....9.95<br>with avocado, cherry tomatoes, rocket & basil pesto            |
| A SELECTION OF SALADS WITH BEEF.....13.95<br>choose up to 6 salads            | GORGONZOLA DOLCE, PEARS & PECANS.....10.95<br>drizzled with Italian honey & served with toast |
| <b>MAINS</b>  | SMOKED SALMON & AVOCADO.....12.95<br>with rocket & lime vinaigrette served on toast           |
| Roast fillet of beef with horseradish sour cream                              | <b>SANDWICHES</b>   |
| Roast cornfed chicken with sumac, za'atar & lemon                             | served on tuscan white or seven seeded granary  |
| <b>SALADS</b>   | GODMINSTER CHEDDAR & TOMATO.....6.95<br>with sweet garlic pickle                              |
| Roasted cauliflower with tomato, dill & grain mustard                         | YELLOW FIN TUNA MAYONNAISE.....6.95<br>with plum tomato & leaves                              |
| Braised green beans with tomato, red wine & cinnamon                          | ROAST CORNFED CHICKEN.....6.95<br>with peanut dressing, red onion & cucumber                  |
| Chickpeas & carrots with baby spinach, caraway seeds & greek yoghurt          | ROAST FILLET OF BEEF.....9.95<br>with red onion, tomato, rocket & Dijon aioli                 |
| Roasted aubergine with garlic yoghurt, za'atar & pomegranate                  | <b>TOASTIES</b>   |
| Roasted sweet potato with sweet & sour sauce & pecan nuts                     | MOZZARELLA.....6.95<br>plum tomato & basil pesto  |
| Basmati rice with cashew nuts, chickpeas, currants & herbs                    | ROSEMARY HAM & GODMINSTER CHEDDAR.....6.95  |
| Roasted courgettes with sumac, lemon, pine nuts & mint                        | GORGONZOLA DOLCE.....6.95<br>with roasted artichoke   |
| Marinated peppers with capers & fresh herbs                                   | <b>BAGELS</b>   |
| Broccoli with chilli, ginger, garlic, soy sauce & sesame seeds                | AVOCADO.....6.95<br>with lemon, black pepper & olive oil                                      |
| <b>HOMEMADE SOUP</b>  | SMOKED SALMON & CREAM CHEESE.....6.95   |
| SOUP OF THE DAY.....5.95<br>with toasted tuscan white or seven seeded granary |   |

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## FRESH JUICE

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| SOPHIE.....4.50<br>orange, apple, lime & ginger | DEXTER.....4.50<br>beetroot, carrot, apple & ginger   |
| MIA.....4.50<br>apple & lime                    | JACK.....4.50<br>apple, celery, lime, cucumber & mint |