

PLEASE ORDER AT THE COUNTER  
PLEASE ASK A MEMBER OF STAFF ABOUT ANY ALLERGY OR DIETARY QUERIES

## BREAKFAST

<p>MIXED TOAST.....3.50 with Carved Angel jam or marmalade</p> <p>ROSEMARY HAM &amp; AGED CHEDDAR CROISSANT.....3.95</p> <p>TOASTED BANANA BREAD.....4.50 with Italian butter</p> <p>TOASTED AVOCADO BREAD.....4.95 with Greek yoghurt &amp; blueberries</p> <p>WHEAT FREE GRANOLA.....5.95 with Greek yoghurt, blueberries &amp; pomegranate seeds</p> <p>BANANA &amp; PEANUT BUTTER ON TOAST.....4.95 with toasted peacans</p> <p>THE GROCER BACON SANDWICH.....4.95 with homemade tomato chutney</p> <p>THE GROCER SAUSAGE SANDWICH.....4.95 with English mustard &amp; homemade tomato chutney</p>	<p>CHOCOLATE HAZELNUT CREAM.....5.95 with banana &amp; blueberries on toast</p> <p>MUSHROOMS ON TOAST.....5.95</p> <p>HOMEMADE BEANS ON TOAST.....4.95</p> <p>AVOCADO, FETA, CHILLI &amp; LIME.....6.95 served on toasted granary</p> <p>BREAKFAST BAGEL.....7.95 with chorizo, avocado &amp; homemade tomato chutney</p> <p>THE GROCER ENGLISH Fried eggs, avocado &amp; za'atar on toast.....8.95 Fried eggs &amp; crispy chorizo on toast.....8.95 Fried eggs, smoked salmon &amp; avocado on toast.....11.95</p> <p>ROSEMARY HAM &amp; EGGS.....8.95 served on granary</p>
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## LUNCH

### SALADS

A SELECTION OF SALADS.....9.95 choose up to 6 salads
A SELECTION OF SALADS WITH CHICKEN.....12.95 choose up to 6 salads
A SELECTION OF SALADS WITH BEEF.....13.95 choose up to 6 salads

### MAINS

Roast fillet of beef with horseradish crème fraiche  
Roast chicken supreme with sumac, za'atar, cinnamon & lime

### SALADS

Sweet chilli butter beans, with radish & fresh herbs  
Moroccan couscous with currants, cumin & corriander  
Chargrilled broccoli, chilli, ginger & garlic with sesame seeds & soy sauce  
Roasted aubergine with garlic Greek yoghurt, za'atar & pomegranate seeds  
Roasted peppers with garlic, feta & corriander  
Roasted cauliflower, wholdegrain mustard vinaigrette, fresh tomatoes & dill  
Roasted sweet potatoes with sweet & sour dressing & pecans  
Green beans with tarragon, corriander seeds & lemon

### BAGELS

AVOCADO.....6.95 with rocket, lime, black pepper & olive oil
SMOKED SALMON & CREAM CHEESE.....6.95

### TARTINES

**an open sandwich served on toasted granary**

BUFFALO MOZZARELLA.....9.95 with avocado, cherry tomatoes, rocket & basil pesto
TUNA & AVOCADO.....9.95 served with leaves
SMOKED SALMON & AVOCADO.....11.95 with rocket & lime vinaigrette served on granary
ROAST FILLET OF BEEF.....11.95 with tomato, red onion, rocket & horseradish crème fraiche

### SANDWICHES

**served on focaccia or seven seeded granary**

YELLOW FIN TUNA MAYONNAISE.....6.95 with plum tomato & rocket
ROAST CORNFED CHICKEN.....6.95 with peanut dressing, red onion, cucumber & rocket
ROAST CHICKEN & BACON.....7.95 with avocado, tomato & rocket

### TOASTIES

**served with homemade tomato chutney**

MOZZARELLA & PLUM TOMATO.....6.95 with basil & cashew nut pesto
ROSEMARY HAM & AGED CHEDDAR.....6.95
GOATS CHEESE & RED ONION JAM.....6.95

### HOMEMADE SOUP

SOUP OF THE DAY.....5.95 served with seven seeded granary or focaccia
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## FRESH JUICE

<b>SOPHIE</b>	<b>MIA</b>	<b>DEXTER</b>	<b>JACK</b>	<b>ELVIS</b>
orange, apple, lime & ginger	apple & lime	beetroot, carrot, apple & ginger	apple, celery, lime & cucumber	passion fruit, apple, & lemon
4.50	4.50	4.50	4.50	4.50